

A.A.R JAIN MODEL SEN. SEC. SCHOOL, DERA BASSI
SESSION (2025-26)
SYLLABUS
FOR
FOUNDATIONAL STAGE

Class- 1st

Subject - English

April

Grammar

Ch-1 Two Magic Words
 Poem Every Day is Fun
 Ch-1 The Alphabet
 Ch-2 Vowels and Consonants
 Ch-3 Nouns Naming Things
 Page 1,2,3

Cursive Writing

May

Grammar

Ch-2 Nutty The Teddy bear
 Ch-3 Birthday Party
 Poem Cake A Doodle Doo
 Ch-4 Nouns Naming Places
 Ch-5 Nouns Naming Animals and Birds
 Ch-6 Nouns Names for People
 Page 4,5,6
 Draw a Birthday Cake

**Cursive Writing
 Activity**

June

Summer Vacations

July

Grammar

Ch-4 Mice Are Nice
 Ch-5 Mom, My Clothes Have Shrunk
 Ch-7 Nouns Let Us Revise
 Ch-8 Capital Letters Names Surnames and Initials
 Ch-9 Full Stops and Question Marks in Sentences
 Page 7,8,9

Cursive Writing

August

Revision Chapter 1 to 5

Grammar

Ch-10 Common and Proper Nouns
 Ch-11 A, An and The
 Ch-12 One and Many

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CLASS: - 1st

SUBJECT: - EVS

April - Ch – 1 About Me

Ch – 2 My body

Activity – Paste the body parts in your note book

May – Ch – 3 Sense organs

Ch – 4 Food

Ch – 5 Clothes

Activity – Draw the pictures of five sense organs .

2. Make a chart of healthy food and Junk food.

July – Ch – 6 Home sweet home

Ch – 7 Air

Ch – 8 water

Ch – 9 Good habits and good manners

Activity – Make a house with the help of a shoe box . Paint and draw its doors and windows.

2. Make a paper Aeroplane and paste in note book.

August - Ch – 10 safety rules

Ch – 11 My family

Ch – 12 Helping each other

Activity – Make a traffic light in colour ful papers in your notebook .

2. Paste the photographs of your family members in scrap file .

September - Exam

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CLASS: - 1st

SUBJECT: - MATHS

April – Ch- 1(number up to 20)

Ch- 2(addition up to 10)

Activity - Number cards from 11 to 20 button in a bowl and sheet of paper divide the class into two teams

May- Ch-3 (Subtraction up to 10)

Activity- Slips of paper with the numbers 1to9 and bowl divide the student into pairs

July - Ch- 4 (Shapes and patterns)

Activity -Matches box for bottle caps or buttons for the same size and glue

August - Ch5 (addition and subtraction up to 20)

Ch-6(numbers up to 100)

Activity - Aero cards from 129 and from 10 90

Divide the student into pairs

September – Half Yearly Exam

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CLASS: - 1st

SUBJECT: - HINDI

April - रीडर -पाठ -1 (शब्द-ज्ञान)

व्याकरण - पाठ - एक (हमारी भाषा)

पाठ- 2(हिंदी की वर्णमाला: स्वर वर्ण)

सुलेख - पाठ- एक (स्वर और उनकी मात्राएं)

लिंग बदलो (आधा भाग)

Activity - वर्णमाला बनाओ

May - रीडर पाठ-2(स्वरों की मात्राएं)

पाठ -तीन (बिंदु)

व्याकरण - पाठ -3 (हिंदी की वर्णमाला ;व्यंजन वर्ण)

पाठ 4 (मात्र -चिन्ह)

सुलेख- पाठ -2 (सब्जियां)

Activity -फलों के नाम(चार्ट बनाओ)

वचन बदलो (आधा भाग)

July -रीडर -पाठ-4 (चंद्रबिंदु)

पाठ - 5 (विसृग)

व्याकरण -पाठ -5 (संयुक्त व्यंजन)

पाठ -6 (आओ शब्द बनाएं)

सुलेख- पाठ- तीन(फल)

विलोम शब्द (आधा भाग)

August -रीडर -पाठ 6 (कुछ अन्य ध्वनियां)

व्याकरण -पाठ-7(नाम वाले शब्द)

पाठ -8 (नाम वाले शब्द;पुरुष स्त्री)

September - Exam

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CLASS: - 1st

SUBJECT: - PUNJABI

April - ਨਵ ਰੂਪ

ਵਰਨਮਾਲਾ ਪਾਠ 1 ਓ ਤੋਂ ਘ ਤੱਕ, ਪਾਠ 2 ਅੱਖਰ ਜੋੜ, ਪਾਠ 3 ਕੰਨੇ ਦੀ ਮਾਤਰਾ

Activity - ਓ ਤੋਂ ਤੱਕ ਬਿੰਦੀਆਂ ਜੋੜੋ ਅਤੇ ਰੰਗ ਭਰੋ (pg-17)

May - ਵਰਨਮਾਲਾ ਚ ਤੋਂ ਫ ਤੱਕ complete ਵਰਨਮਾਲਾ ਪਾਠ -4 ਸਿਹਾਰੀ ਦੀ ਮਾਤਰਾ, ਪਾਠ -5 ਬਿਹਾਰੀ ਦੀ ਮਾਤਰਾ

Activity- ਮੁਕਤਾ ਅਤੇ ਕੰਨੇ ਦੀ ਮਾਤਰਾ ਦੇ ਵੱਖ-ਵੱਖ ਪ੍ਰਯੋਗ ਦੇ ਅੰਤਰ ਨੂੰ ਸਮਝੋ ਅਤੇ ਸ਼ਬਦ ਲਿਖੋ
(pg-32)

June - Summer vacation

July - ਪਾਠ-6 ਐਕੜ ਦੀ ਮਾਤਰਾ, ਪਾਠ 7 ਦੁਲੈਕੜ ਦੀ ਮਾਤਰਾ, ਪਾਠ 8 ਲਾ ਦੀ ਮਾਤਰਾ

Activity- ਸਿੱਖਾਂ ਦੇ ਪਹਿਲੇ ਗੁਰੂ ਕੋਣ ਸਨ ਅਤੇ ਉਨ੍ਹਾਂ ਦੀ ਫੋਟੋ ਲਗਾਓ (pg-51)

August - ਪਾਠ 9 ਦੁਲਾਵਾਂ ਦੀ ਮਾਤਰਾ, ਪਾਠ 10 ਹੋੜੇ ਦੀ ਮਾਤਰਾ, ਪਾਠ 11 ਕਨੇੜਾ ਦੀ ਮਾਤਰਾ

Activity - ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੀ 10 ਲਗਾ ਮਾਤਰਾ ਦੇ ਨਾ ਅਤੇ ਚਿੰਨ ਲਿਖੋ

September - Exam

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SYLLABUS
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CLASS: - 1st

SUBJECT: - Computer

APRIL - Ch- 1 (Computer – My Friend)

Activity – Draw your favourite part of a computer.

MAY: - Ch – 2 (Intelligent Machines)

Activity - Make a list of any three machines used in your home .

JUNE: - Summer Vacations

JULY: - Ch – 3 (Parts of a Computer)

Activity - Paste the pictures of four main parts of the computer .

AUGUST: - Ch- 4 (Handling a Mouse)

Activity – Paste the picture of Mouse on A4 sheet .

SEPTEMBER: - Exams

OCTOBER: - Ch- 5 Using a Keyboard .

Activity – Paste the picture of keyboard on scrap file and highlight all the alphabet and number keys.

NOVEMBER: - Ch- 6 (Fun with Paint)

Activity – Draw Shapes on A4 sheet .

DECEMBER: - Ch -7 (Data and Storage)

Activity - Do the activity on page no. 51 and 53.

JANUARY: - Ch- 8 (Introduction to ScratchJr)

Activity – Do the activity on page no- 59 .

FEBRUARY: - Revision

MARCH: - Final Exams

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SYLLABUS
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CLASS: - 1st

SUBJECT: - Drawing

April :- 1. Start with colours

2. Gradte

3. let's draw a square

4- Let's draw a circle

5-Let's draw a triangle

6- Square circle and triangle

Activity - Make paper elephant

May:- 7- Mother and child

9-Apple

10- Brinjal

11- Butterfly

12- Sunflower

13- Boat on a wave

Activity - Make simple yacht

July :- 15- Count and colour

16-Penguin

17-Fruits

18-Vegetables

19-Clock

20- Teapot

21-Leaf drawing

Activity-Draw any vegetable or fruit and print with lady finger using painting colour.

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CLASS: - 1st

SUBJECT: - G.K

1st Term

April - Ch-1 My Self, Ch- 2 -Fascinating Cartoons , Ch- 3 Fine Dining, Ch-4 our sense organs , Ch-5 Things in My School Bag

May - Ch-6 Flowers, Ch-7 Fruits our Friends, Ch-8 Animal World, Ch-9 animals Our Friends , Ch- 10 Vegetables

July - Ch- 11 Animals and their Homes, Ch- 12 Animals, and their sound ,Ch -13 landforms: Face of earth Ch-14 landmarks of the World ,Ch. 15 Places of Worship

August - Ch. 16 festival of India, Ch17 Monuments ,Ch-18 Our National symbols, Ch-19 Means of Transport, Ch- 20 Our Neighbourhood,

Ch-21 Model Test Paper-1

September – Half Yearly Exam

2nd term

October- Ch-22 Mysterious sky, Ch-23 Indoor games, Ch-24 Outdoor games, Ch-25 know them together, Ch 26 Colours and shapes

November - Ch-27 Match the opposites, Ch-28 Musical World, Ch-29 Good Manners, Ch-30 Safety rules, Ch-31 Important Days

December - Ch- 32 Good Habits , Ch-33-Join the Dots ,Ch-34 Who am I , Ch-35 Actions. Ch-36 spot the Differences

January -Ch 37 The Rabbit and the tortoise, Ch-38 Seasons, Ch-39 Puzzles Ch-40 Save paper Ch-41 Model test-2

February – Revision

March – Final Term Exam

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CLASS: - 1st
APRIL

SUBJECT: - MORAL VALUE

Chapter – 1 : I am special

Chapter – 2 : I am strong

MAY

Chapter – 3 : I am kind

JUNE

SUMMAR VACATION

JULY

Chapter – 4 : I am a thinker

AUGUST

Chapter – 5 : I am creative

SEPTEMBER

1ST TERM EXAMINATION

OCTOBER

Chapter – 6 : I am smart

NOVEMBER

Chapter – 7 : I am a speaker

DECEMBER

Chapter – 8 : I am friendly

JANUARY

Chapter – 9 : I am relaxed

FEBRUARY

Chapter – 10 : I am intelligent

MARCH

2ND TERM EXAMINATION